FOLLOWING JESUS VBS · DAY 2 · GRADES 7-8

Discussion and Journal

Jesus Teaches Me: Hear and Do! | The Sermon on the Mount and the Wise and Foolish Builders (Matthew 5:1-16; 6:9-13, 33; 7:12, 24-29)

Name: _____

Journal

If someone looked only at your actions this week, what would they think you believe about Jesus?

Pick one teaching from Matthew 5-7 that you have heard but not done. Write a plan to do it this week.

What storms are you facing right now? Is your life built on the rock?

Real life this week

- Choose one command from Matthew 5-7 and practice it every day this week (for example, Matthew 5:44 or Matthew 7:12).
- Pray the model prayer (Matthew 6:9-13) slowly each morning, thinking about each line.
- Do one good work quietly this week without telling anyone (Matthew 6:3-4).

My one step: