FOLLOWING JESUS VBS · DAY 3 · GRADES 1-3

My Bible Lesson

Jesus Shows Me How to Love: Serve Like Jesus! | Jesus Washes the Disciples' Feet (John 13:1-17, 34-35; Luke 22:24-27)

Read it in your Bible: John 13:1-17, 34-35; Luke 22:24-27

Jesus Washes the Disciples' Feet

In Bible times people walked everywhere on dusty roads wearing sandals. When you came into a house, a servant usually washed your dirty feet. It was the lowest job in the house.

Jesus and His twelve disciples gathered in an upstairs room to eat the Passover supper. Jesus knew He would soon go back to the Father. John says Jesus "loved them to the end" (John 13:1). But the disciples had been arguing about which one of them was the greatest (Luke 22:24).

No servant was there, and none of the disciples offered to wash feet. So Jesus got up from supper. He laid aside His outer robe, tied a towel around His waist, and poured water into a basin. Then He began to wash the disciples' feet and dry them with the towel (John 13:4-5).

When Jesus came to Peter, Peter said, "Lord, are You washing my feet?" Then he said, "You shall never wash my feet!" Jesus answered, "If I do not wash you, you have no part with Me." Peter said, "Lord, not my feet only, but also my hands and my head!" (John 13:6-9).

When Jesus finished, He sat down and asked, "Do you know what I have done to you?" (John 13:12). He said, "You call Me Teacher and Lord, and you say well, for so I am" (John 13:13). If the Lord would wash their feet, they should serve one another too.

Jesus said, "For I have given you an example, that you should do as I have done to you" (John 13:15). He also said, "A new commandment I give to you, that you love one another" (John 13:34). Followers of Jesus love and serve others.

> "For I have given you an example, that you should do as I have done to you."
>
> **John 13:15 (NKJV)**

Big Idea

Following Jesus means loving and serving others the way He loved and served us.

Think about it

1. Why were people's feet so dirty in Bible times?
2. Who usually washed feet? Why was it surprising that Jesus did it?
3. What did Peter say to Jesus?
4. What is one way you can serve your family this week?

This week I will serve others by: